

Donning Personal Protective Equipment (PPE)

❖ Gown

- ♦ Fully cover torso from neck to knees, arms to ends of wrists, and wrap around the back.



❖ Isolation Mask, N95 Respirator/PAPR*/CAPR**

- ♦ Secure ties or elastic bands at middle of head and neck.
- ♦ Fit flexible band to nose bridge.
- ♦ Fit snug to face and below chin.
- ♦ Fit-check respirator.
- ♦ If using PAPR/CAPR, refer to training instructions.



❖ Goggles or Face Shield

- ♦ Place over face and eyes and adjust to fit.



❖ Gloves

- ♦ Extend gloves to fully cover wrist.
- ♦ Cover wrist of isolation gown, if worn.



Use safe work practices to protect yourself and limit the spread of contamination.

- ❖ Keep hands away from face.
- ❖ Change gloves when torn or contaminated.
- ❖ Perform hand hygiene.
- ❖ Change mask or respirator when wet or soiled.



The type of PPE will vary based on the level of precautions required, e.g., Standard, Contact, Droplet or Airborne Precautions.

*PAPR — Powered Air Purifying Respirator

**CAPR — Controlled Air Purifying Respirator

Removing Personal Protective Equipment (PPE)

❖ Gloves

- ♦ Outside of gloves is contaminated!
- ♦ Grasp outside of glove with opposite gloved hand, peel off.
- ♦ Hold removed glove in gloved hand.
- ♦ Slide fingers of ungloved hand under remaining glove at wrist without touching outside of glove.
- ♦ Peel glove off over first glove.
- ♦ Discard gloves in waste container.
- ♦ If wearing gown and gloves — can remove together (see gown removal).



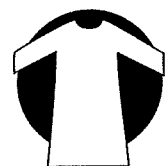
❖ Goggles or Face Shield

- ♦ Outside of goggles or face shield is contaminated!
- ♦ To remove, handle by head band or ear pieces.
- ♦ Clean according to facility guidelines, place in designated receptacle for reprocessing or discard in waste container.



❖ Gown

- ♦ Gown front and sleeves are contaminated!
- ♦ Use clean hands to unfasten back ties (if needed).
- ♦ Pull away from neck and shoulders; break neck/back ties.
- ♦ Turn gown inside out. Can remove gloves with gown.
- ♦ Fold or roll into a bundle and discard.



❖ Isolation Mask, N95 Respirator/PAPR*/CAPR**

- ♦ Front of mask/respirator is contaminated - **do not touch!**
- ♦ Grasp bottom, then ties or elastics and remove.
- ♦ Discard in waste container.



❖ Hand Hygiene

- ♦ Perform hand hygiene after removal of PPE.

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